

GX INSTRUCTOR

Job Summary:

Group Fitness Instructors will be responsible for providing safe group fitness classes for UTC Campus Recreation. All group fitness instructors should demonstrate a commitment to the mission and core values of Campus Recreation.

Learning Outcomes:

- Acquire leadership skills, critical thinking, and decision making skills.
- Develop customer service skills including communication, conflict management, and organizational skills.
- Formulate a successful time management strategy to balance the demands of academic life and your position at Campus Recreation.



Job Responsibilities:

- Begin each shift on time and prepared to work; this includes appropriate uniform and attitude.
- Provide a healthy, safe, and enjoyable fitness experience for participants.
- Provide individualized instruction while leading the entire group fitness class.
- Create exercise routines for classes that comply with ACE, ACSM, or NASM guidelines.
- Consistently enforce all Campus Recreation policies, rules and regulations.
- Arrive early to class and stay after to answer participant questions.
- Work with Building Supervisors to fill out accident/incident documentation reports.
- Maintain cleanliness of all Campus Recreation spaces and report any unsafe conditions.
- Maintain all required CPR/AED/FA, BBP, and fitness certifications.
- Attend all trainings, meetings and events set forth at the beginning of the semester.

