

[Please refer to the Undergraduate Catalog for further program requirements and course descriptions.](#)

First Year – 32-33 Hours			
Fall Semester:	Hrs	Spring Semester:	Hrs
HHP Activity Course	1	HHP 1000: <i>Personal Health</i>	3
PSY 1010: <i>Intro to Psychology</i> (Behav & Social Sci)	3	Mathematics	3
ENGL 1010 or 1011 (Rhetoric and Writing I)	3-4	ENGL 1020 or HIST 2100 (Rhetoric and Writing II)	3
FAH: Historical Understanding	3	FAH: Visual and Performing Arts	3
FAH: Literature	3	Non-Western Culture	3
FAH: Thought, Values and Beliefs	3	HHP Activity Course	1
	16-17		16
Second Year – 30 Hours			
Fall Semester:	Hrs	Spring Semester:	Hrs
EDUC 2010: <i>Education in the US</i>	3	EDUC 2200: <i>Survey of Exceptional Learners</i>	3
HHP 2010: <i>Intro to Teaching Health & Physical Education</i>	3	HHP 2015: <i>Curriculum & Assess. in Health & PE K-12</i>	3
HHP 2300: <i>Anatomical & Physiological Basis of Movement</i>	4	HHP 3020: <i>School Health Program</i>	3
Natural Science without Lab	3	EDUC 2420: <i>Adolescent Development</i>	3
Behavioral and Social Science	3	Statistics	3
	16		15
Third Year – 29 Hours			
Fall Semester:	Hrs	Spring Semester:	Hrs
HHP 2090: <i>Teaching Fitness in Health & PE K-12</i>	2	HHP 3180: <i>Kinesiology</i>	3
HHP 2160: <i>Team Sports & Games</i>	2	HHP 4040: <i>Motor Learning for Educators & Clinicians</i>	3
HHP 3300: <i>Physical Education in Elementary School</i>	3	HHP 2170: <i>Individual Sports & Games</i>	2
HHP 3640: <i>Sociology of Sport</i> or 3170: <i>Exercise Physiology</i>	3	HHP 3310: <i>Physical Ed. in Secondary School</i>	3
HHP 4510: <i>Human Sexuality & Family Impact</i>	3	HHP 4530: <i>Substance Use & Abuse</i>	3
Natural Science with Lab	4	HHP 1010: <i>First Aid & CPR</i>	1
HHP 0021: <i>Concepts of Wellness</i>	1		
	18		15
Fourth Year – 27 Hours			
Fall Semester:	Hrs	Spring Semester:	Hrs
EDUC 4320: <i>Residency I</i>	6	EDUC 4445: <i>Residency II in Visual & Pref. Arts, Health & PE K-12</i>	10
EDUC 4335: <i>Designing Instruction & Assessment</i>	3	EDUC 4420: <i>Professional Seminar</i>	2
HHP 4420: <i>Senior Seminar in Health & PE K-12</i>	3		
	12		12

Completed:			
Graduation Requirements:	Hrs	Degree Requirements:	Hrs
120 Total Hours		37-38 General Education Hours	
39 Upper Division (3000-4000) Hours		83 Program (Major) Hours	
30 Hours at UTC		Minor (<i>Not Required</i>)	
60 Hours at 4-year Institution		Elective Hours (<i>Not Required</i>)	
		Foreign Language (<i>Not Required</i>)	