

# NutritionModule

**\*1. To allow us to link your responses to this evaluation with other information you have provided and may provide in the future as a part of this project, please provide your university/institutional e-mail address:**

**\*2. Please provide your university/institutional ID code/number (if available):**

**\*3. Please enter your last name:**

**\*4. Please enter the name of the city in which you were born:**

**\*5. I am:**

Male

Female

**\*6. What is your primary field of study?**

Nursing

Nutrition/Dietetics

Physical therapy

Athletic training

Social work

## 7. Malnutrition is:

- A condition of excess nutrients.
- A rare condition that affects approximately 15% of older adults
- A condition where the body does not absorb, utilize and/or metabolize nutrients from food/fluids that are consumed.
- Both a) and c) are true
- All of the above are true

## 8. Who of the following is/are experiencing malnutrition? (check all that apply)

- Sarah, whose weight has remained consistent but she has decreased handgrip strength and fluid accumulation that may be masking a significant loss of lean body mass.
- Mike, who has experienced an insignificant weight loss of 20 pounds in the last 3 months.
- Carmen, whose sense of smell has declined significantly and her appetite has decreased.
- Meredith, who experienced a significant weight loss and a loss of subcutaneous fat recently.
- Gerald, who has diminished handgrip strength and a significant loss of muscle mass.

## 9. Several age-related physiological changes may contribute to malnutrition. Please provide two examples of these changes.

One:

Two:

## 10. If a patient is experiencing malnutrition, what other physical, emotional and/or mental issues might result?

- |  |   |
|--|---|
| <input type="checkbox"/> anemia                  | <input type="checkbox"/> hallucinations               |
| <input type="checkbox"/> sensory loss            | <input type="checkbox"/> fatigue                      |
| <input type="checkbox"/> immune system weakening | <input type="checkbox"/> decreased functional ability |
| <input type="checkbox"/> depression              |   |

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**11. Donna is 68 years old and had knee replacement surgery 4 months ago. Since the surgery she has seen her family nurse practitioner and her physical therapist routinely. Her recovery has been slow, her physical activity has declined, she has experienced muscle loss and she is having trouble getting to the grocery store to get the things she needs. Donna should be screened for malnutrition using \_\_\_\_\_ and the screening should be performed by \_\_\_\_\_.**

- the Mini Nutritional Assessment; a licensed nutritionist
- the Mini Nutritional Assessment; any health professional who is trained to use the MNA
- a basic questionnaire that asks only about food intake; a licensed nutritionist
- a device that measures calf circumference; any health professional who is trained to use the MNA

**12. How will you, in your professional role, work with other members of the interprofessional healthcare team to provide Donna (see question above) with patient-centered care?**

**13. Please identify the degree to which you feel each of the following are essential to effective functioning of interprofessional healthcare teams.**

	Not at all	A little	Somewhat	Moderately	Quite	Very	Completely
Knowing the expertise of other professionals with whom I may work	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Mastering skills required for effective patient-centered interprofessional collaboration	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Collaborating as team members	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

**14. What barrier(s) do you anticipate experiencing that could limit your ability to take an interprofessional and collaborative approach to navigating nutritional issues with your future clients/patients?**